






# Welcome to your Preventive Care Toolkit

In this zip file, you'll find resources to encourage your employees to take advantage of fully covered preventive care services. These communications and reminders will go a long way in helping keep your team and your business healthy.

Item	Description	Format and usage
<b>Ready-to-send employee emails</b> 	<p>Drafted emails for you to send to your team:</p> <ol style="list-style-type: none"> <li>1. Importance of preventive care (attach Annual Checkup flyer, Member Insider and checklists)</li> <li>2. Incentivizing preventive care (attach Annual Checkup flyer and checklists)</li> <li>3. Understanding what's covered by HDHPs (attach HDHP Preventive Health flyer)</li> <li>4. Overcoming doctor's office anxiety (attach Anxiety Health flyer)</li> </ol>	<b>Microsoft Word document</b> <p>Copy and paste the emails directly into your message and attach the corresponding files.</p>
<b>Checklists</b> 	<p>Preventive care checklists to help your team and their families stay on top of preventive care.</p>	<b>Print-ready PDFs</b> <p>Share electronically and/or print out copies for your team.</p> <p>The adult checklist is also available in Spanish, Arabic, Russian and Ukrainian.</p> <p>Contact your Account Manager or Wellbeing Engagement Consultant to request the checklist in other languages or print copies of any of the versions.</p>
<b>Posters</b> 	<p>Preventive care posters outlining general preventive care, heart health, and what services are covered by a HDHP.</p>	<b>Print-ready PDFs</b> <p>Print and post around your organization in common areas such as kitchens, break rooms, and hallways.</p> <p>Contact your Account Manager or Wellbeing Engagement Consultant to request print copies of any of these posters.</p>
<b>Flyers</b> 	<p>Flyers outlining general preventive care, heart health, what services are covered by a HDHP, and overcoming doctor's office anxiety.</p>	<b>Print-ready PDFs</b> <p>Share electronically and/or print out copies for your team.</p> <p>Contact your Account Manager or Wellbeing Engagement Consultant to request print copies of any of these flyers.</p>
<b>Incentive strategy</b> 	<p>Guide and flyer offering best practices for using incentives to engage employees in your wellbeing program.</p>	<b>Print-ready PDFs</b> <p>Designed for wellbeing program implementors and decision-makers. Use this resource to inform program design and enhance engagement tactics.</p> <p>Contact your Wellbeing Engagement Consultant to help you develop an effective strategy or to discuss reporting options available through the health plan.</p>

**Questions?** If you have any questions, reach out to your Account Manager for more information or visit **UniveraforBusiness.com** to get in touch.



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